DAPUR WITH LOVE
Awards 2019
2019 KITCHEN MUST-HAVES

ZERO-WASTE LIVING
HOW YOU CAN GET STARTED

NICOL DAVID
GOING BEYOND SQUASH TO INSPIRE
CONTENTS

On the Cover
DATUK NICOL ANN DAVID

Photography Edmund Lee
Styling Nadhirah Othman
Art Direction Ero Wee
Assisted by Sarah Tai
Hair Cody Chua
Makeup Shiyo Joo
Assisted by Kevin Lee
Outfit Denim blazer and pants, both from Fendi. Bangles, stylist’s own.

40
THANK YOU, NEXT
After long years of leading on the court, Datuk Nicol David is ready to be a champion of another sort.

50
IT’S TIME TO HIT ZERO
A non-intimidating guide to leading the zero-waste lifestyle.

55
DAPUR WITH LOVE AWARDS 2019
Rediscover old favourites and find new ones to try out in your kitchen.

June 2019
HER STORY

46 SNIFFING OUT DANGER
There may soon be a way to quickly single out raw chickens that carry life-threatening bacteria.

HER LIVING

70 EASY, BREEZY, BROCCOLI
More reasons to have it on your shopping list.

HER STYLE

17 WEAR YOUR HIGHLIGHTER
Dress in neon at any age.

18 PRETTY WOMAN
Three words: ethereal and delicate.

26 GO BIG OR GO HOME
Carryalls that you can take everywhere.

HER LOOK

28 THE ‘D’ WE ALL NEED
Cleanse your scalp by giving it a detox.

30 A CLEAN SLATE
Beauty that’s less harmful to health and the environment.

32 HOW I LEARNT TO EMBRACE PRACTICAL BEAUTY
Why a more holistic approach to makeup is better for your self-esteem.

34 REALLY MATTE LIPS
Four reasons not to fear it.

REGULARS

6 EDITOR’S NOTE
8 REAL TALK
95 HOROSCOPE

TASTY BROCCOLI RECIPES